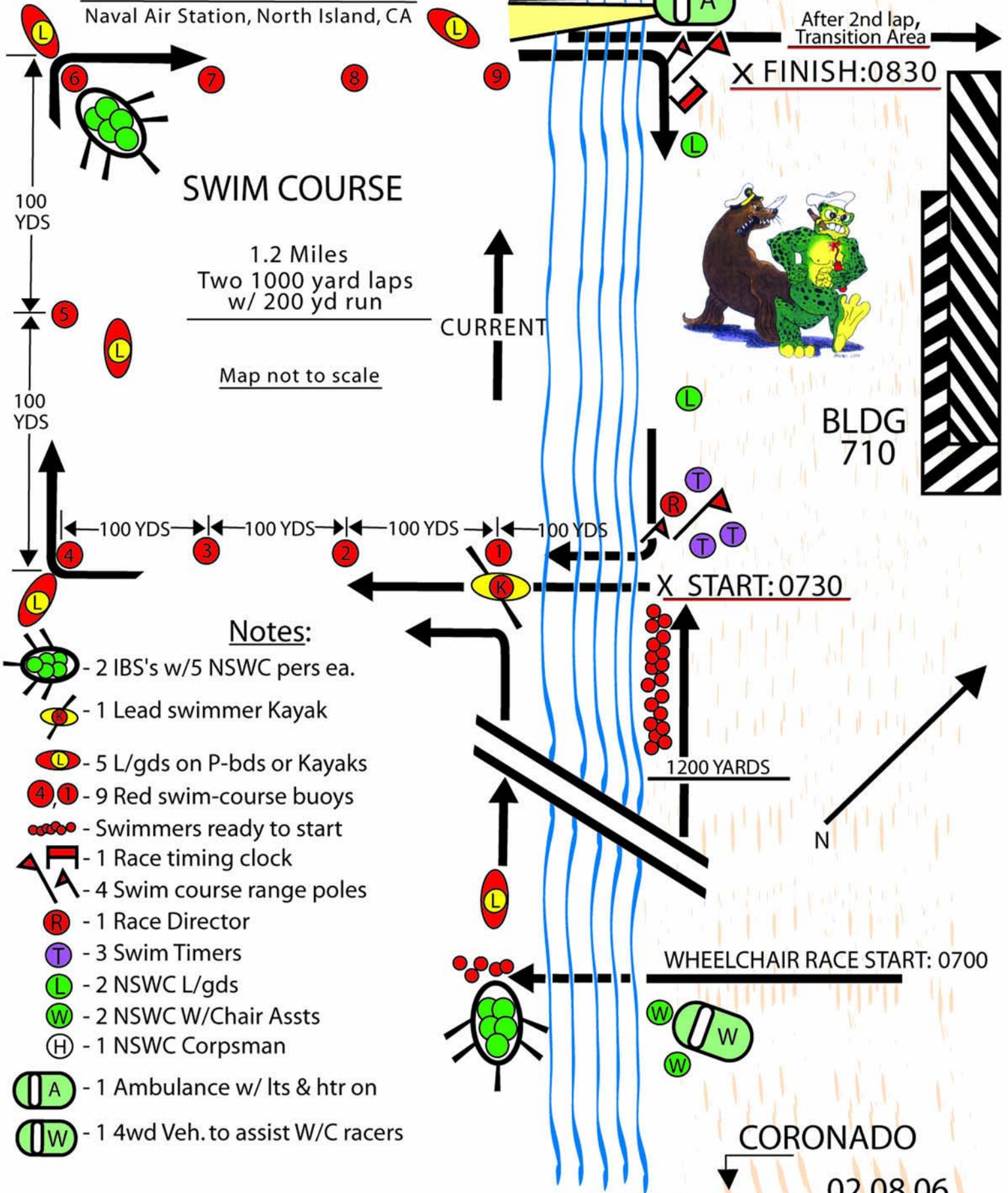


# NAVAL SPECIAL WARFARE'S *SUPERFROG* Triathlon

Naval Air Station, North Island, CA



### Notes:

- 2 IBS's w/5 NSWC pers ea.
- 1 Lead swimmer Kayak
- 5 L/gds on P-bds or Kayaks
- 9 Red swim-course buoys
- Swimmers ready to start
- 1 Race timing clock
- 4 Swim course range poles
- 1 Race Director
- 3 Swim Timers
- 2 NSWC L/gds
- 2 NSWC W/Chair Assts
- 1 NSWC Corpsman
- 1 Ambulance w/ Its & htr on
- 1 4wd Veh. to assist W/C racers